Two Rivers Behavioral Health System

A recognized leader in individualized treatment for a broad range of psychiatric disorders.

Our 105 bed treatment facility, located in Kansas City, Missouri offers comprehensive behavioral healthcare and stabilization for children, adolescents and adults.

Two Rivers Behavioral Health System also offers crises intervention assessments at hospitals, detention centers and long term care facilities. This free assessment provides an opportunity for an in depth interview when a patient is not clinically or medically stable to be assessed at the main campus.

To learn more about contracting for Mobile Assessment Services, please contact David Slawson, Director of Business Development (816) 382-6314 or (816) 382-6329 fax.

Two Rivers Behavioral Health System accepts most commercial insurance plans, Missouri/Kansas Medicaid and Medicare. Two Rivers is a preferred provider for New Directions Behavioral Health, United Behavioral Health, MHNet, Aetna, Cigna, Value Options, and other commercial plans. Missouri/Kansas Medicaid is accepted for most programs. Please contact the Business office at Two Rivers Behavioral Health System to learn more specific coverage information regarding your plan.

Two Rivers Behavioral Health System is committed to providing high-quality health services to our clients, their families and members of the professional healthcare community. We provide a nurturing environment that facilitates healing. We recognize the need for involvement of family members, healthcare professionals and insurers to facilitate the process.

5121 Raytown Road • Kansas City, MO. 64133
www.tworivershospital.com

Admissions Staff is available 24 hours a day, 7 days a week. An assessment referral coordinator can be reached by calling 816-382-6300 or 800-225-8577.
Treatment

The primary goal of treatment is to stabilize the patient.

During treatment, the team develops comprehensive assessments in each discipline by thoroughly investigating the factors leading to the hospitalization. Our team provides high quality, cutting-edge treatment within a patient and family-centered approach. Family involvement is a critical element in a successful treatment outcome and continued recovery programs.

Trauma Program
- Adults 18 and over
- Effects of abuse, traumatic grief, PTSD and many other trauma related issues
- Group Therapy, Cognitive Behavioral Therapy, and Dialectical Behavioral Therapy
- Art and Expressive Therapy
- Individual Therapy
- Average length of stay 2 weeks

Adolescent Program
- Ages 13 to 17 years old
- Behavior Modification and Cognitive Behavioral Therapy
- Medication - Initiation and Management
- Chemical abuse issues
- Group, Individual and Family Therapy
- Art and Expressive Therapy
- Average length of stay 7 to 10 days

Child Program
- Ages 5 to 12
- Behavior Modification and Cognitive Behavioral Therapy
- Medication - Initiation and Management
- Group and Family Therapy
- Play, Art, and Expressive Therapy
- Average length of stay 7 to 10 days

Focus Unit
- Reduced stimulus unit for the chronically mentally ill
- Targeted groups for those with thought disorders or psychosis
- Basic educational groups for those dealing with impairments of daily living skills
- Intensive Medication Management
- Average length of stay 7 to 14 days

Dual Diagnosis/Addiction (DDA) Program
- Age 18 and over
- Chemical dependency with co-morbid mental health disorders
- AA and NA meetings
- Group and Individual Therapy
- Medication - Initiation and Management
- Length of stay 7 to 10 days

Partial Hospital Program
- Child through adult
- Provides short term intensive mental health treatment
- Cognitive Behavioral Therapy and Educational Groups
- Targets acute patients at risk of hospitalization
- Step down for patients discharging from an inpatient setting or direct admission for those not needing hospitalization
- Daily, M-F 8:30am to 3:00pm
- Transportation available for those who qualify
- Average length of stay 2 weeks

Adult Psychiatric Program
- Age 18 and over
- Psychiatric issues both Acute and Chronic
- Medication - Initiation and Management
- Cognitive Behavioral Therapy and Educational Groups
- Group and Individual Therapy
- Length of stay 7 to 10 days

Intensive Out Patient Program
- Adult 18 and older
- Patients require therapy in a group setting
- An alternative for in-patient hospitalization
- Convenient schedule—both day and evening hours
- Additional groups include:
  - Relapse Prevention, Cognitive Behavior Therapy (CBT), Family Therapy, Anger Management, Grief And Loss, Educational Groups
- Average length of stay 2 to 4 weeks